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SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

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NEWARK, NEW JERSEY

JULY, 1987

Sunshine Draws Huge Crowd To Fifth Annual NCC Festival

"Mommy, look! Here comes the parade. Wow! There are balloons, a band, floats and clowns!"

This was a cry that could be heard all over the South Orange Avenue section of New Community, on Saturday, June 6, 1987 — because this was the day of the New Community Annual Parade and Festival. This year marked the fifth year of such a celebration, in commemoration of an ever growing dream, the development and growth of "Newark's New Community."

By far this year's parade was the

best yet. Every year new groups are added and different attractions are included to enhance the festivity of the day. What makes this parade so special is that it is given for the people, by the people who live in or are in some way a part of New Community.

To see the brightly colored green and white N.C.C. balloons bobbing proudly against the pleasant spring breeze, was enough to spark anyone's curiosity. Leading off the parade was the Grand Marshall Mr. Joe Chanevfield, Board Member of New Community, who was greeted by cheers from onlookers.

Hearing the fine musical band from Clifford J. Scott High School, in East Orange, definitely got your feet moving. I guess you might think there was a "Pied Piper" euphoria coming over the population and drawing people to windows, doorways, curbside and joining in the procession.

The band of merry makers started at Newton Street School, proceeded up 14th Avenue, across Morris to South Orange Avenue, past the Extended Care Facility, down 14th Avenue, over to South Orange Avenue, down to Jones Street, and out to Springfield Avenue, finishing up back at the school. Whew! Sounds like a lot of walking! Well, this year was the longest route ever and that was because the day was so beautiful and everyone was having such a good time no one wanted to stop!

If you happened to be standing along the route you were certain to have gotten "stickered" by one of 4 NCC Clowns who were handing bright orange labels which read, "I hugged a clown today." This brought squeals of delight to many of the youngsters and looks of joy and surprise from the handicapped and

Continued on page 6

Scholarships To Three At St. Rose

At this years' commencement exercises at St. Rose of Lima, three students received scholarships to secondary schools.

John Agbaosi, and Luis Maysonet who is a seventh grader, both received full scholarships to Delbarton Preparatory in Morristown, N.J. They are the first Delbarton Scholarships to be offered to graduates of St. Rose's.

To mark this significant occasion, Mr. Donald Sciaretta, President of Claremont, Inc., made the presentation to both young men. Mr. Sciaretta is an alumnus of Delbarton and is establishing this scholarship endowment on behalf of his family, with the understanding that talented urban youths who are both academically astute and socially-minded can

receive proper incentives through adequate training during the secondary years. The whole community would reap the benefits.

John Agbaosi will enter the ninth grade in September, while Luis Maysonet will enter the lower division (eighth grade). The two boys are already making preparations for their morning rendezvous as both will be commuting by train to Morristown each morning.

The third student, Andre McBride, was the recipient of the St. Rose of Lima School-Seton Hall Scholarship. This four year scholarship is awarded to the family of a male member of the graduating class, who has demonstrated outstanding performance during his elementary school years.



After making the Delbarton Scholarship presentation at commencement, (L-R) Mr. Donald Sciaretta poses with awardees Luis Maysonet and John Agbaosi as Mr. Arthur Wilson, Principal, and Mr.Tom Langel, Dean of Admissions at Delbarton, look on.

Robert Lilley Is Remembered

On June 9, 1987, John J. Gibbons, Presiding Judge of the Third Circuit Court of Appeals, addressed a small group who were honoring Robert Lilley. Mr. Lilley, who died last year, was one of the early supporters of NCC and Babyland. His wife, Helen,

decades of enormous prosperity in the United States which followed World War II. Three years before, Lyndon B. Johnson had been elected President in the largest landslide victory in history to that point. This city had over twenty years received massive



Mary Smith (L) presents Helen Lilley with a commemorative plaque as Judge John J. Globons shares the moment.

accepted a commemorative plaque in his honor.

The text of Judge Gibbons' historyoriented remarks follows:

We gather today, just about 20 years after the events which gave rise to the formation of the Governor's Select Commission on Civil Disorders in the State of New Jersey, more commonly known, ever since, as the Lillev Commission. The summer of 1967 was a watershed point in American history. It was the close of two

infusions of federal funding; the highest per capita in the nation. Johnson's optimism about our capacity to overcome the problems of the poor was infectious. But suddenly, his administration lost its capacity to govern, as Newark, and Englewood, and Plainfield, and cities all over the country erupted into violence. Here, 22 people died, thousands were arrested, and millions of dollars in property was destroyed. Thoughtful peo-

Continued on page 3

To Govern Oneself Requires Responsibility

During the Summer of 1787 when the framers of our nation's Constitution gathered in Philadelphia to compose it, "for the first time in history, power was granted by the people to the government, and not by the government to the people."

Power is mysterious. We can give it away without running out of it. Individuals empower others without becoming powerless as a result. Responsibility always comes along with power. That too is often delegated, never lost.

When we give power to our elected officials, they become responsible for running the government for us. However, that does not take away our individual responsibility to be informed, form opinions, and to keep others informed about the opinions we have formed. In delegating power to our legislators, we retain the power to vote them out of office if we think they are not acting in the best interest of our country.

Closer to home: we give certain power and responsibility to the officers of our tenants' organizations. This enables them to tend to concerns that are common to all of us. However, we retain the power to direct these organizations through our participation, never losing responsibility for ourselves, our families, and our personal property.

Writing about our nation's Constitution in "Newsweek," Jerry Adler says, "We have inherited a grand document, but it is not...'a machine that would go of itself.' It is we who keep it running; it is our common will and forbearance that has kept the Constitution alive these 2000 years, so that the 'blessings of liberty' are with us still to be passed down to posterity forever."

Similarly, in New Community we have inherited grand ideas and reality, with the potential of becoming even grander. However, it "will not go of itself." Our cooperation, responsibility, and enthusiasm are required to keep the originating dream and present blessing alive and growing.

July Is The 20 Anniversary Of The Newark Agreements

THE NEW COMMUNITY CLARION

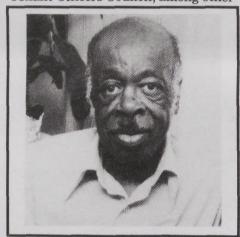
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Ralph Simpson Will Be Missed

New Community and its residents were saddened recently by the passing of Mr. Ralph Simpson. Mr. Simpson was one of the first tenants of N.C.C. Commons Seniors having moved there in September of 1980.

From the start he was a leader in the community and his building. He organized the Tenant's Association, was president of the Men's Club, Vice-President of the N.C.C. Federal Credit Union, and a member of the Tenant Officers Council, among other



Ralph Simpson

things. He also began the concession in his building.

Mr. Simpson received a certificate of appreciation from the New Jersey Housing and Mortgage Finance Agency acknowledging his devotion, efforts and contributions to the community of the State of New Jersey. The N.C.C. Extended Health Care Facility also honored him for his volunteer work.

Ralph Simpson wanted to be sure the residents came together as a family and he was responsible for getting the men to cook and serve breakfast every morning in his building to help

Mr. Simpson enjoyed life, and one of his great loves was softball. He was a great pitcher. He spent many hours coaching the softball team at New Community. He was the first person inducted into the Hall of Fame of the Down Neck Civic Association in Newark in 1987 because of his dedication to the game.

Born in Blakely, Georgia in 1918, he moved to Newark as a young boy, attending Morton Street School and Arts High School.

He was married to his wife Marion Green, for forty-seven years.

Ralph Simpson was an exceptional man...a positive figure for all who met him in New Community. He has left behind good memories and his work will be carried on.

★★ Congratulations! ★★ NCC Employment Center placed 102 people in permanent jobs in June.

Contributions To New Community Corporation

If you would like to make a memorial gift or donation to New Community it would be most welcome.

New Community Corporation People who would like to give to New Community but don't wish to give up the earning power at the present time can assign a contribution now, but defer payment until sometime in the future.

New Community-Pathmark Shopping Center Update

Plans for our neighborhood shopping center continue in high gear. The Development staff met recently with area banks to finalize the construction financing and permanent financing arrangements. The President of a major lending institution is scheduled to tour the shopping center site early next week with board members of New Community. The banks contacted to date have been very supportive of the need for a shopping center in the Central Ward.

Arthur Wilson, president of the board of trustees of New Community believes that "outside of the new housing going up in the Central Ward, this shopping center is probably the most significant project undertaken in the past 20 years."

One of the original board members, Joe Chaneyfield, said enthusiastically of the project, "we are long overdue for this shopping center. I am looking forward to my people being able to walk to the store when they need something and believe they deserve this. I see our people walking down the street, shopping and supporting the local businesses in the community. Now NCC is really beginning to realize their dream. I welcome this market (Pathmark) and thank all the people who are working to make it possible."

Final contract documents will be discussed with Pathmark within two weeks. Pathmark continues to be excited about the high potential and community support for this vitally needed shopping center. In addition, partial site demolition work should be completed by August 1st.

We'll keep you posted!

Babyland Summer Program



Summer fun begins for these Babylanders with a bi-weekly aerobics class at NCC's health spa.

The Priory Restaurant



Fine Dining In An Old World Atmosphere

* * * *

We are now open every Saturday Evening for Dinner Seating — 6:00 p.m. - 10:00 p.m. Featuring Southern American and Continental Cuisine

★ ★ ★ ★
Cocktail Bar Open Daily

On Weekdays

American Continental Cuisine

Lunch — 11:30 a.m. to 3:00 p.m. Monday through Friday
Dinner — 5:00 p.m. to 10:00 p.m. Monday through Friday

Reservations required for 6 or more

Reservations required for 6 or more * * * *

Popular Sunday Brunch 9:30 a.m. to 3:30 p.m. NO RESERVATIONS REQUIRED

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Presidential Awards To New Community



NCC Director of Development Roy Codey (R) holds aloft the prestigious Presidential Recognition Award for Community service made to NCC. Thanking him are: (L-R) Joseph Monticciolo, Jackie Mattison, and Walter Johnson.

St. Joseph Plaza and The Extended Care Facility were the recipients of awards from the Secretary of Housing and Urban Development (HUD) for Community Development Excellence on June 16, 1987. The ceremony was held at the City Council Chambers of Newark City Hall. Only eighty-nine awards were given out nationwide and New Community received two.

The Presidential Recognition Award for Community Service was created in 1982 as a result of a meeting between the principal Federal Regional Officials of Region II, the Director of the White House Office on Private Sector Initiatives and private sector leaders.

Joseph D. Monticciolo, Regional Administrator of HUD and Chairman of

the Presidential Recognition Awards Committee for Region II initiated the meetings and served as the coordinator of the awards program. Mr. Ray Codey, Director of Development, accepted on behalf of NCC.

The objective of the Award Program "is to identify and encourage the efforts of public and private sector individuals, agencies, businesses, and groups who provide outstanding service to their communities through participation in worthwhile volunteer activities and public/private partnerships."

Over 200 nominations came from a broad spectrum of the community including Members of Congress, state and local officials, individuals, businesses, agencies, and groups.

It Takes Courage To Ring The Bell

Immigration Legalization Program Progressing Slowly

Since May 5, 1987 there have been 125 families who have come to St. Rose Rectory to inquire about legalization of their immigration status under the recently enacted Immigration Reform and Control Act of 1986.

The magnitude of this first step is quite tangible, in the fearful eyes and hesitant steps of those who have sumoned the courage to ring the doorbell of this outreach center designated by the Archdiocese of Newark.

Sr. Mary Joan Fries tries to make them comfortable, to explain the whole process they must go through and reassure them that she will try to help. (She has even gone so far as to confront past employers whose verification was necessary and who "didn't want to get involved.") Sister fills out a pre-application form which includes basic information such as when the person entered, if they had a visa and how long they have resided continually in the country since their original entry. Sex, marital status and number of people in the household are some of the other questions. Job categories are part of another section along with hourly wages. Immigration status has been categorized in a breakdown which is not always easy to find answers to, says

Sr. Mary Joan.
Proof of identity ie., passport,

birth certificate, national identity document, baptismal/marriage certificate, social security card and other affidavits are important to bring with you.

The process is not free. The cost to file an application with Immigration — whether or not it is approved — is \$185 per adult and \$50 per child through this Catholic Community Services (CCS) program with a maximum of \$420 per family. Sister said a fund has been started with CCS for loans to help people file their applications.

From the parish center the applicants are then sent to a facility or doctor authorized by the Immigration and Naturalization Service. Charges here also tend to vary so a person would be sensible to inquire as to charges before deciding where to go.

One of the tallest stumbling blocks which sister is finding is the question asked about how many members are in a household. In many cases the male breadwinner came first and then sent for his family. A great deal of concern is felt by them in cases where he has come to the U.S. before the deadline of January 1, 1982 but his family has not. Families do not want to be broken up after struggling so hard to achieve their dream of freedom in the United States and a better future.

This would make all they have

Robert Lilley Remembered...

Continued from page 1 ple had to ask, where did we go so

Richard Hughes, the Governor, who as commander of the state militia was confronted with the problem of restoring civil order, was among the first to ask that question. There were no ready answers, and he decided that a careful examination of the causes of our obvious failures must be undertaken.

For such an examination to be credible, Hughes needed a chairman who would be credible, and he made an extraordinarily fortuitous choice. Robert Lilley was the president of the corporation which was New Jersey's largest employer, and which had the largest private capital investment in Newark. By profession, an engineer, Lilley had the analytical capabilities to assess complex economic and social questions. By experience a manager, he knew how to select and organize a staff to perform a large study in a short time span. By temperament, a decent and compassionate man, he was totally without prejudices; particularly the racial prejudice which was the worst feature of American

Lilley organized a remarkably able staff, which served the Commission from its organization meeting on July 20, 1967 to the day on February 9, 1968 when its report was filed. He did much more. He presided at every meeting, he suggested the Commission's priorities, and he reconciled differences among its often strong-willed members.

While the Lilley Commission was deliberating in New Jersey, a parallel commission study was taking place in Washington, chaired by Otto Kerner. Kerner, it is safe to say, was a far less capable chairman. During our deliberations, the Commission members and staff were aware of the course of the Kerner Commission's efforts, and we were concerned that its report would be less positive than ours would be. Thus a major effort was made to complete the Commission's deliberations promptly, and to file its report at a time when it would be likely to influence the final thrust of the Kerner report. The report was

worked so hard for utterly useless. It is a serious problem which must be addressed. It is also not really known how the "amnesty" law will apply. Archbishop John L. May of St. Louis has asked of President Reagan that among other things "a non-qualifying spouse and minor child of undocumented aliens eligible for temporary legal status be granted 'deferred action status' until they can apply for residency under the Immigration and Nationality Act." He also asks that these immigrants be granted authorization to work.

Applicants have come from Peru, Ecuador, Equatorial Guiana, Colombia, Guatemala, El Salvador, Philippines, Uruguay, St. Kitts, Haiti, Jamaica, Liberia, Ghana West Africa, Costa Rica, Guyanaz, Korea and Santa Domingo.

So far one man has received a work permit.

Sister has more respect now for peoples' fear since she has grown so close to it in her work. One man when he had finished unfolding his finished, and did, I think, have a positive effect on the final version of the Kerner Commission Report.

The Lilley Commission Report was a civics lesson for the entire state government. It explored almost every aspect of government, from the need for a revenue source other than real property tax to the need for improved radio communications for police departments. But its most controversial feature probably was its indictment of the redevelopment policies which had been pursued in the City of Newark for the previous two decades. These policies, the report noted, had resulted in the wholesale destruction of stable neighborhoods, the elimination of countless small businesses serving those neighborhoods, and their replacement by massive projects concentrating the poor and especially the young in densities which inevitably led to tension and frustration.

Twenty years later, even the public authorities, local and federal, have come around to the viewpoint that the Commission Report was entirely right, and are embracing Bob Lilley's vision of a city built upon stable neighborhoods comprised of low rise, low density housing. When the commission report first was presented, however, the reaction in places like the Federal Department of Housing and Urban Development was quite the opposite. The public sector continued to make massive expenditures to salvage their original poorly conceived projects. The private sector, represented especially by New Community Corporation, on the other hand, embraced Bob Lilley's concept, and began rebuilding Newark in conformity with his vision. Thus, it is entirely appropriate that New Community Corporation, which for twenty years has been first and foremost in carrying out the urban renewal recommendations of the Lilley Commission, should at its headquarters install a plaque honoring his memory. Those of us who served on the Commission will always remember him, and we appreciate the fact that others will be reminded of his vision.

story said with an audible sigh "Oh, I'm so relieved," for he had finally been able to tell someone his secret. She also has a much greater appreciation of citizenship and of its value.

Let us hope we can bring help and peace to all who knock on our door and are in need — especialy these courageous immigrants — for our ancestors also trod in their footsteps at some point in time.

Families Advisory Board Sends NCC Youths To Summer Camp

The Families Advisory Board is sponsoring 17 camperships for NCC youths this summer. Some of the youths will be going to CYO Camp in Blairstown, New Jersey on Sunday, July 17, 1987 for one week. The other youth will be leaving on July 17, 1987 for Camp Tecumseh in Pittstown, New Jersey for two weeks. We would like to thank everyone who supported us in this effort to provide this experience for our youths.

Families Advisory Board

Medical Day Care Flourishing

Since The New Community Medical Day Care Program began on January 22, 1986 it has been a tremendous help to so many people and well-received by the participants.

An indication of this is the fact that to date ten persons have been referred to the day care program by people who are already enjoying its benefits.

Attending to their needs as of May 1st is Karen Pearson, who received



Karen Pearson

her R.N. from Newark City Hospital School of Nursing. Karen's primary health care experience has been in the field of public health. She is involved in extensive community service with senior citizens in Plainfield, New Jersey of which she is a resident.

Ms. Pearson has three children and has been very involved with Boy Scouts as a result.

Social Worker, L. Cynthia Foster, is a much needed and appreciated addition to the staff who has been working with Medical Day Care since October 1986. She is a resident of Newark and was educated in the



Cynthia Foster

Newark School System. Cynthia went on to graduate from Barrington College in Rhode Island.

Ms. Foster has had experience in her field through her association with religious organizations. The new social worker comes from a family of nine children who have also been active.

Cynthia manages through her vast resources to keep our Day Care Participants involved and well informed.

These latest additions to our staff will help us to continue to move forward in our service to our valued participants.

Health Care Update

The June Johns Hopkins alumni magazine states, "Every Thursday afternoon, several hundred people cram into the East Wing Auditorium to discuss recent research on AIDS". In my circle of friends, an infectious disease phsysician specialist is suffering from burnout from caring for pawith AIDS. tients ophthalmologist is considering changing professions because of AIDS. A recent survey of emergency room residents doctors showed 25% who felt they should have the right to not care for patients with AIDS. In addition to a general panic by our society as a whole to the problem of AIDS we are now experiencing within a subsection of the society of health professionals, a rather dramatic impact.

In general, physicians are persons who have control needs not only for their own lives but also the need extends beyong themselves to their patients. They can perform surgery or prescribe a medication and can help someone get well, perhaps save a life. Even an oncologist, a cancer specialist, has patients who are cured. The health care providers who take care of patients with AIDS, children or adults, do not have the opportunity to help someone get well; their opportunity is limited to helping their patients 'live while they live' knowing there is yet no cure.

The limitation of the ability to control - to cure - this contributes to burnout. This can be futher accentuated in physicians in the private sector because many patients with AIDS have an inability to pay for their care. So, even money which may bring some satisfaction to the physician on some level is inadequate. The syn-

drome is compounded by fear for one's own basic need for safety and survival.

The incidence of AIDS in health care providers is remarkably low yet the possibility of transmission by accident is real; paranoia replaces rational thinking as one considers a career change.

There are several things which we as responsible consumers can do during this period of unrest concerning AIDS. We can participate in active prevention measures in our own sexual relationship and encourage safety for our children and friends. If we know of those who are asking for AIDS by using intravenous drugs, we should extend our help to them to stop and if this is not possible at this time urge them to at least use clean needles and other paraphenalia. We can become as personally informed as possible and be supportive to those who are perhaps in turmoil regarding this disease.

Put July 20th on you calendar and join us at the Extended Care Facility for an AIDS update presented by the NJ Department of Health.

Finally, community and political support monies are needed for AIDS research and the care of AIDS patients. Perhaps just as Dr. Salk created a vaccine for polio, similar immunity can be developed for AIDS. AIDS is in N.J. and highly concentrated in Essex County yet it seems few will acknowledge this fact. Short term potential political gain can only result in non-productive expensive crises management in which all will suffer. No human being, victim of AIDS or provider of care deserves this.

Connie Ford, RN, MPA

Ecumenical Chapel Dedicated

On June 11, 1987 New Community Board members, church representatives, and friends joined Extended Care residents and staff for the dedication of the Facility's ecumenical Chapel. Eight of the church groups who provide monthly religious services took part in the special program.

Msgr. William Linder extended a warm welcome to everyone. After Sister Consuela's prayer, Rev. Thaddaus Murphy read from the Book of Genesis. An excellent and inspired reflection on the reading was given by Rev. Dr. James Scott, pastor of Bethany Baptist Church.

Scripture verses read by Mrs. Bertha Land of Trinity Temple 7th Day Adventist Church preceded Dedication Blessings offered by Rev. James McConnell, pastor of Queen of Angels Church, Rev. Charles McCombs, pastor of St. Matthew's United Methodist Church, and Rev. Grover Willcox, pastor of Calvary Gospel Church. Mrs. Debra Byrd of New Life Deliverance Church led the assembly in praying the Our Father. Benediction was offered by Rev. Murphy.

Throughout the program the very

talented senior choir of Calvary Christian School rendered beautiful musical selections, led by Mrs. Rhon-



Dr. James Scott gives an inspiring talk on the power of hope.

da Davis, director. Mr. Daniel Boyle, school principal, was also present.

Ms. Connie Ford, executive director of Extended Care, presented Sr. Gerardine Mueller, the Chapel artist, with a lovely corsage and expression of gratitude for her fine work. Time for fellowship and refreshments brought to a close an enjoyable occasion.

Mother's And Father's Day Celebration

Wine coolers and cocktails initiated the festive Friday evening dinner party at The Extended Care Facility. Residents from the Facility, participants from Medical Day Care, families and staff joined together to celebrate Mother's and Father's Day. While the event was planned by the Dietary and Activities Departments, every department participated in one way or another.

The ability to dance has never been a criteria for employment at Extended Care, however hidden talents, especially among Dietary employees were shining that evening. Oldies but Goodies by D.J. Larry Johnson, made memories for many, staff included. To see the face of one who walks only with the assistance of a cane light up and sparkle as she now danced with her cane and handsome Dietary staff partner is truly incentive to have more fun times to help foster living while we live.





Neither canes nor advancing years can diminish the eternal joy of dancing for these Extended Care Facility residents.



FOOT FACTS:

Summer Foot Health

Office Hours at St. Joseph's Plaza 9 - 12 Mon.

9 - 12 every 2nd & 4th Sat.

SUNBURN

Be careful of the sun. Your whole body can become sunburned, but the skin of your feet is very tender, and can be sunburned very easily. This can be very painful and may ruin your vacation. If it does happen, do not try to treat this yourself. Seek professional care. Infections start very quickly in the feet.

SWELLING

During your trip, or when you are at your vacation spot, you may notice that your feet and ankles may swell slightly. Too much sun, too much walking, or sitting too long in one position can cause this minor swelling. On your trip, plan to move around occasionally. On a train, bus or plane, a short walk up and down the aisle may help. On long trips by automobile, plan to stop regularly and take a walk. This will help your circulation. Plan to take a short rest period daily, and keep your feet elevated during this time. If the swelling is excessive and doesn't go away quickly, see your physician or podiatrist.

INJURIES

Join the warm weather rush to the great outdoors - it's been a long winter. But don't trip on the way. Many injuries associated with outdoor living and vacationing can be prevented with a little care and common sense.

The best defense against fractures or sprains is alertness. Watch your step in unfamiliar territory — where a mis-step or step from a curb can cause a fall. Scout the outfield in a strange park before running after that first fly ball.

Podiatrists also recommend wearing sturdy oxfords or shoes which protect the toes while operating power lawn mowers to prevent accidental toe injuries with possible amputation. Keep the lawn free of foreign matter and mow slowly

ATHLETE'S FOOT

Athlete's foot appears in many forms and doesn't, of course, just attack athletes. It's a skin condition caused by fungi which are present on everyone's feet causing cracking skin between the toes or scales and blisters. The symptoms range from slight discomfort to severe pain. The fungi multiply rapidly when conditions of warmth and moisture lower skin resistance to infection, and the feet, enclosed in shoes, provide such an atmosphere. The best defense is strict attention to foot hygiene, including complete cleansing between the toes and careful drying. Fungicidal powder is also recommended along with efforts to keep the feet and footwear as dry as possible. Remember that all fungus infections are not athlete's foot, so professional care is usually the safest, surest form of treatment.

BLISTERS

If blisters do occur due to incorrect fitting shoes, stiff new shoes or vacationing sports activities, do not atDr. Kenneth Frank

Podiatrist



tempt to puncture or break the blister. Blisters occur from friction between the shoe and the skin. Draining blisters as a form of self treatment can lead to infection. Soaking of the foot in salt water is recommended followed by an antiseptic dressing. Tincture of Benzoin, moleskin pads and wearing heavy socks may help prevent blisters. If you do have persistent discomfort or the foot becomes infected, see a podiatrist for professional care.

BAREFOOT WARNING

There is a time and place for walking barefoot...but even then, caution should be exercised. A public beach may seem ideal, but many are actually "mine fields," littered with broken bottles and other sharp objects. The same is true in your own backyard and how many toe fractures occur in the bedroom when the dresser just "happened to get in the way?" Take a tip from your podiatrist — use extra caution when walking barefoot. Your feet deserve the best of care. Walking barefoot can also expose the feet to infection, especially a condition known as plantar wart. This occurs when a virus invades the sole of the foot, causing a painful growth which requires professional care. Wearing thongs or sandals when walking on hot sidewalks or rough ground lessens chances of infection.

Have you joined the ranks of jogging drop outs even though your desire and endurance were up to the challenge? Maybe it's time you looked down to your feet. Many joggers hang up their running shoes because of the added stress jogging puts on the feet and legs. Today's sports-minded podiatrist is tunedin to the needs of joggers, and professional consultation and treatment may be the way to get you off the sidelines and back on the jogging trail.

SUMMER FOOT HEALTH— IT'S A MATTER OF GOOD PERSONAL HYGIENE AND COMMON SENSE!

COMMON SENSE GUIDELINES FOR WEEKEND ATHLETES

- 1. Dress properly, with special attention to footwear.
- 2. Don't stint on equipment.
- 3. Start with a warm-up.
- 4. Don't overextend your activities ...use moderation.
- 5. Keep track of accidents.
- 6. Use ice for new injuries...warmth for old ones.
- 7. Take time for recovery
- 8. If an injury occurs, select different activities for the balance of your vacation.



at ST. JOSEPH PLAZA 233 WEST MARKET ST. NEWARK, NEW JERSEY (201) 624-7373

Food For Thought

The phrase, you are what you eat, was never more true than today. There is more and more evidence that the food you eat is directly responsible for your health. However, most people think of food only as it relates to making them gain weight. Now this is not to say that watching your weight is not important to maintaining health, but it is only part of the overall picture.

Food is the fuel of the body, and as the fuel, is responsible for making and keeping the engine running. Now, if you put junk gas into your car it will not run properly. Junk food has a similar effect on the body. If you don't eat food that gives the body the proper nutritional components the body will not function at its peak level. What is proper nutrition? It is as basic as the four food groups you learned as a child. Those haven't changed and never will change as long as we still eat food. The four basic food groups are meats, with an emphasis on fish and chicken; grains, breads and cereals, where we emphasize the whole grains; fruits and vegetables, emphasizing eating from the various colored fruits and vegetables with their variety of vitamins and minerals. Dairy products are the last group, especially the low fat products.

Within these four groups there are specific recommendations to guard against health problems. In the meat category our goal is to add protein to our diet, however, with red meat (especially, tender red meat) there is a higher fat content than protein. This added fat, in the form of cholesterol is linked to heart disease, stroke, high blood pressure, as well as colon and breast cancer. By eating more fish and chicken you will be able to get the protein you need, with not as much fat.

Grains, breads and cereal seem to be the first group to go when someone wants to lose weight, but it is actually the most misunderstood food group. Calorie for calorie, carbohydrates hve half the calories per weight than fat-



by Kerrie Gillespie **Exercise Physiologist**

ty foods. Remember it is not the bread or cereal that is fattening, it's what you put on it. The goal of the grain is to add vitamins, minerals and fiber to the diet. Refining flour removes the fiber and with it the benefits fiber gives the body. Fiber in the diet tends to absorb fat in the stomach and eliminate it before it an be absorbed. A lack of fiber in the diet has been linked to colon cancer, the second leading cause of death in men behind heart disease.

Fruits and vegetables contain a variety of vitamins, minerals, and fiber. The color of the various fruits and vegetables determines the nutritional content. One of the more important elements of the category seems to be beta-carotene (a form of Vitamin A) which is found predominantly in carrots. Preliminary studies seem to indicate that when eaten regularly this substance may have an effect on lowering a person's risk for cancer. Most fruits and vegetables are low in calories and high in nutritional value, making them a must for your

The last category, dairy products, are essential for their calcium content and other vitamins and minerals. Calcium, once thought to be only necessary for children to develop healthy and strong bones and teeth, is now accepted to be necessary throughout life, especially in women to prevent osteoporosis, the loss of calcium and the breakdown of the bones. The key point to remember in this group is 'low fat.' Almost every dairy product now comes in a low fat form. As we have mentioned before, we just don't need the fat in our diet, for our health or our waist.

These four groups include all food but 'junk food,' so think next time before you eat something - Am I putting in the type of fuel that is going to keep my body functioning on the highest level possible? If not, don't

You will find by following this rule and with regular exercise that you can drive down the road of life and never break down. Just a little food for thought!

Lottery Machine To Come To Extended Care

Preliminary approval has been received for a Pick 6 lottery machine which will be placed in the cafeteria (which is open to the public) at the Extended Care Facility. Although the application was initially denied, nearly 600 signatures of support for the machine along with pictures of existing local sites were taken to an informal hearing by Executive Director, Connie Ford and Community Affairs Director, Georgia Ransome. Any revenue from the machine would

benefit the Extended Care Facility. Connie Ford, Executive Director

ATTENTION ALL TENANTS NCC Health Care Center 623-2480

Transportation to NCC Health Care Center will be provided for your convenience.



Hispanic Employment Project Getting Results

The Hispanic Employment Project is off to a running start and proving to be very successful. Leading the Project is Hispanic Employment Counselor Ernestine Serrano.

Ernestine joined our staff in May with the task of finding jobs for our Hispanic applicants. She has put a lot of energy into building this project and said she is enjoying her work because "I'm doing what I like best — serving the community."

Ernestine sees her role as that of an outreach worker, feeling the need to extend this service to as wide a segment of the Hispanic population as possible. To this end, she spends one morning per week (Wednesdays) interviewing job seekers, without an appointment, at St. Rose of Lima church near Orange Street in Newark. The rest of the week is spent with applicants, by appointment only, in our downtown Hill Street offices.

She has also translated our literature on job hunting skills into Spanish, in an effort to reach the larger audience.

With a generous grant from the Schumann Foundation, we were able to concentrate the full-time energies of a counselor on the employment needs of this group. Our 1986 results showed that only 3% of the people we helped to find work were Hispanic (though Hispanic people are almost 26% of the city's population).

The Project was started in February, and the results are impressive. Now, 14.7% of all NCC Employment Center placements come from the Hispanic population. The Project's counselor has interviewed 175 job seekers, arranged 129 employer interviews, and helped 54 people find jobs they desperately needed.

Ernestine has had great success with bilingual job seekers because of the demand for workers who speak both English and Spanish. She said that she has been "able to find jobs for people because they are qualified to fit into the positions we know of." One employer was so impressed with the high calibre of our referrals, they sent a lovely bouquet of flowers to show their appreciation.

Ernestine has encountered some obstacles in placing her applicants. She sees the biggest problem facing Hispanic job seekers as language. "Almost 75% of my applicants are from Puerto Rico, and almost 49% neither speak, read nor write English This means that they are not able to complete employment applications," she said. To deal with this problem, Ernestine helps job seekers with limited English complete a basic application form and gives them blank copies to practice with. She also refers non-English speaking job seekers to various "English as a Second Language" programs.

Ernestine remains optimistic about non-bilingual people. "The program is working," she said "because people are being interviewed by employers. Lots of people have said that they simply could not get an interview before coming here. People are learning more about what they will need to survive in this country."

Ernestine said she is often able to arrange an employment interview by explaining to the employer the applicant's qualifications. "Many positions don't require English language skills but are closed to job seekers who are unable to complete a job application. By speaking to employers for them, half the battle has been won," said Ernestine.

This work fits in well with Ernestine's prior experience. She was an urban studies major at Rutgers University, and a community



Ernestine Serrano

organizer in Elizabeth before taking over the Hispanic Employment Project. Ernestine has been a member of Pentecostal Church in Newark for 16 years, and serves the members there in several capacities, including teaching Sunday School, fundraising, organizing trips, helping people translate documents, prepare taxes, learn English and so on. She is married and is the proud mother of Kerstie, Kelila, Kelsy and Kevin.

The dedication, compassion and enthusiasm that Ernestine brings to her position are making the critical difference in our ability to put Hispanic job seekers to work. Besides that, she's a great person to work with and we are all very happy to have her on board.

Without charge to employer or job seeker, New Community Corporation Employment Center helps employers locate qualified applicants, and helps job seekers locate suitable positions. To let us know of your job opening or to make an appointment to meet with an employment counselor, call (201) 643-3828.

L. Michelle Odom

A Big Thank You!

Our appreciation is extended to Ms. Doris Jernigan, Manager of Burger King at 44 Market Street and Mr. Jose Calatayud, Manager of Burger King at 418 Market Street who, at a last minute request, kindly donated ketchup and orange drink respectively for our Festival on June 5th and 6th.

Thanks, Burger King.

Social Services Staff

Festival...

Continued from page 1

seniors along the route, especially as they noted the littlest clown, 7 months old Andrea Cook-McKay, also sporting a junior size clown ensemble complete with oversize shades.

Appearing in this parade was the royal float, bedecked with green and white streamers and ornaments, carrying its finest passengers, New Community's First Older American King and Queen. The royal pair, Mr. Ephametheus Shembley and Reverend Levinia Green both reside at N.C. Roseville. Their float was preceded by the rest of the royal court, the kings and queens from the individual buildings.

Almost every division of New Community was represented; Security,

did a fine job of patrolling traffic and crowd control. Maintenance, as always made sure the grounds were well kept. Joining in the line-up were members from the NCC Federal Credit Union, three proud new additions — NCC Extended Care Facility, NCC Homefriends and NCC Homemakers. Our own NCC Cheerleaders and Drill team performed along the way and many others from each residential area carried their banners proudly.

Each year we get bigger and better. Won't you join us as we start working toward "Festival 1988" and wishing Newark's New Community a very "Happy Birth Day."

Joyce Cook

Just Put On A Happy Face

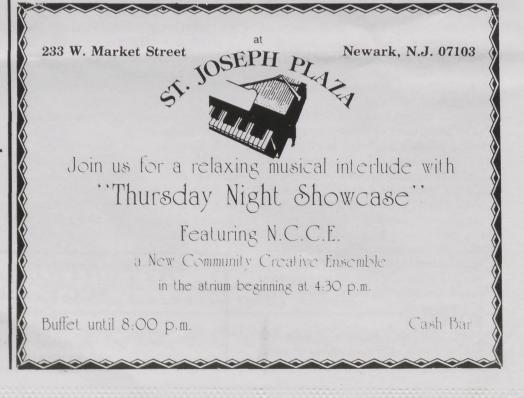
Goodness, they were everywhere — smiling faces, star speckled faces even striped faces. Even as far as downtown. It seemed as if almost every child in Newark had put on a happy face.

This was just one of the new attractions at the N.C.C. Festival this year.

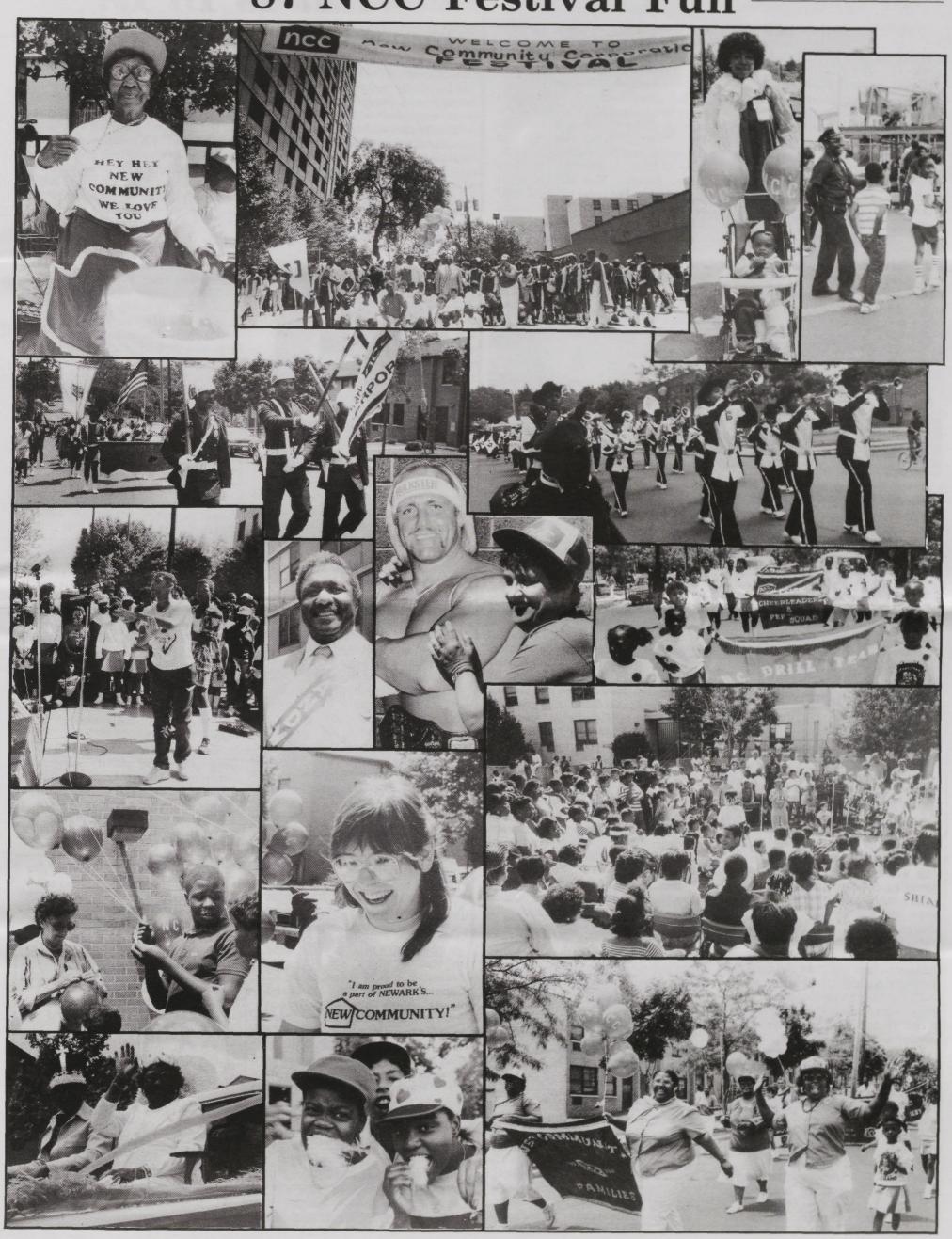
Two clown-clad members of the Social Service Staff, Ms. Gloria Chambers and Ms. Joyce Cook were creating a "new-look" for any youngsters who felt they needed a change. It was a ticklish operation as the giggles abounded and "new-look" fever seemed to spread like wild fire as a never ending throng of seekers of happy faces kept the two ladies quite busy. It was so much fun, even Sr. Anastasia could not resist trying her hand at a few artistic creations. I'm sure you'll see this again next year!



With a little dab here and a little stripe there revelers are transformed with colorful new faces.



'87 NCC Festival Fun =



The Security Corner

Training Session Held

A four day intensive in-service training program for New Community security officers was conducted in June at the N.C.C. Commons Family Pavillion, 298 Morris Avenue, Newark, New Jersey.

The curriculum consisted of the

following subjects:

·Philosophy of New Community Corporation and slide presentation of N.C.C. - conducted by Sister Catherine Moran of St. Rose of Lima

•Community Relations - conducted by Mrs. Georgia Ransome, Director of Community Relations, New Community Corporation.

·Personnel Handbook, Policy and Procedures of New Community Corperienced by the security officers is all part of N.C.C.'s commitment to excellence.

Sentinels Scholarship **Awards Ceremony**

The Sentinels, a non-profit benevolent association of New Community Security Officers, held its First Annual Scholarship Award Ceremony and celebration at the St. Rose of Lima Auditorium, 11 Gray Street, Newark. The historic event took place on Saturday, June 6, 1987 between the hours of 9:00 P.M. and

The program opened with the invocation done by Security Officer Jimmy Richardson, followed by a welcoming address by Sgt. William Cameron, President, who stated in



Judge Anthony Guarino addresses a large group of NCC Security

poration — conducted by Mrs. Cecilia Faulks, Director of Human Resources, New Community Corporation.

•Report Writing — conducted by James E. DuBose, Director of Security, New Community Corporation.

 Patrol Techniques and Procedures conducted by Lt. Leonard McGee and Sgt. David McCummings, both of the Newark Police Department Police Academy.

• How to Give Proper Courtroom Testimony and Behavior — conducted by Hon. Anthony Guarino, Newark Municipal Court System.

 Fundamental Rules of Preparing and Proper Marking of Evidence conducted by Otis Rhynes, Associate Director of Security.

•Self-Defense-Proper Use of the Batons, Handcuffs, etc. - conducted by Director James E. DuBose and Associate Director Otis Rhynes.

At the conclusion of the training sessions, the security officers stated that initially they thought the training was not going to be very interesting, but found the sessions very informative and interesting. They especially enjoyed the presentation of Judge Guarino, whose closing remarks to the group were that it is the conduct of security officers such as themselves that has changed the image of the private security guard, and that they should look upon their job as a profession. He complimented them by stating they were a well disciplined group.

Lt. McGee and Sgt. McCummings concluded their sessions with the advice that the officers should try every effort at fostering better relations with the community they serve through understanding and communication, for the community is a valuable resource for information and can make their job easier.

Acording to Security Director DuBose, the training program is given in addition to the daily instruction and in-service training conducted at all role calls. Training such as exhis speech that it was an especially proud moment for him as president because the organization was honoring two children, of one of its own members. They are Security Officer Linda Blackwell and Matthew Richardson, Jr., son and daughter of Sgt. Matthew Richardson, Treasurer of the Sentinels. Linda is also the wife of Sgt. Champ Blackwell. Linda was presented a certificate of achievement for having earned a Liberal Arts degree in Education from Kean College, Union, New Jersey. Her brother, Matthew Richardson, Jr., a graduate of University High School, Newark, was given a \$200 scholarship toward his tuition at North Carolina A&T University, in pursuit of a degree in electrical engineering.

Guest speaker for the evening was the sister of Sgt. Richardson, Mrs. Barbara F. Newton of Durham, North Carolina. Mrs. Newton has a Masters in Special Education and is a teacher and school principal. She journeyed by auto along with forty or more family members (which consisted of other brothers and sisters and family members of Sgt. Champ Blackwell) to participate in the celebration.

Mrs. Newton gave a very soul stirring speech after which she was given a standing ovation. Her topic was "I Dare You." In her speech she dared her audience to overcome whatever barrier that stood between them and their children's education - whether it be drugs, alcohol, economic deprivation, sexual gratification or the new day religion. She stressed how crucial it was for them to develop a personal conviction and commitment to help their children reach the highest educational level possible.

Prior to the speech given by Mrs. Newton, the history of the Sentinels and its philosophy was given by Corporal Patricia Sherrod. Introduction of officers of the Sentinels was conducted by Sgt. Bernard Holloway, and the guest speaker was introduced by Sgt. Matthew Richardson.

What Is In It?

"You cannot judge a book by its cover" is a familiar cliche and is frequently applicable in many areas of life. The outside of Pandora's box was undoubtedly attractive but was altogether different from that which was concealed within. When her curiosity caused her, in spite of admonition, to open the box, vices, sins, diseases, and troubles were found



Lewis Graves Springfield Branch **Newark Public Library**

within. The Trojans saw a huge wooden horse outside their walls of Troy and pulled it into their city, but they didn't know what was in it. And what was in it were Odvsseus and Greek warriors who, while the Trojans slept, crept out of the Trojan Horse and slaughtered almost all of them and burned the city.

It is not uncommon to find that external charisma is no indication of internal character. What may seem attractive on the outside may contain that which is unattractive within. Many of us are being influenced and manipulated far more than we realize in the patterns of our everyday lives. Daily we are bombarded, into a kind of catatonic dough, by the shock troops of the media, advertising, and entertainment world subtly charting our inner thoughts, tastes, desires, and dreams. Appeals which move us are often a portent of what may be ahead on a more intensive and effective scale. A variety of ingenious techniques are used to influence our behavior, ideas, and attitudes, like certain music, magazines, television programs, video tapes that exhort lust, permissive sex, smoking, drinking, and immoral behavior extolling,

NCC Families Garden Club

The NCC Families Garden Club members have planted their crops of vegetables which contain collard greens, onions, cabbage, beets, kale, tomatoes, broccoli, lima beans, string beans, black eye peas, squash, kohlrabi, and turnip greens. We are waiting to see what the Garden Club members' green thumbs will bring. The members have put a lot of hard work in the garden. We are very proud of them and may their green thumbs stay forever green.

Lorraine Wolridge Social Worker for Families

The ceremony ended with the benediction again given by s/o Jimmy Richardson. Following the conclusion of the ceremony, the guests were treated to a sumptuous buffet dinner and dancing.

for our emulation, glamorized miscreants and charismatic envoys of hell

The family is the basic building block of a strong free society, the support and refuge for the individual, and the truly effective training center for the responsible citizen. It is in the family that is inculcated beliefs, ideals, and values which give purpose to life, and influence its members to live in a civilized and productive fashion, regardless of what dire and worldly circumstances surround them. What is in the family determines to some extent the quality of the individuals that come out of it and into the community, school, and work force, and their capability to competently function in society. The Bible places the family at the center of our earthly life. The image by which we are helped to understand our relationship to God is a family image, with God the Father instructing, chastising, punishing, caring for and loving His children. The central figure is the Son of God who was born into a family, and there is the Commandment insisting on the sanctity of marriage, forbidding adultery.

Caveat emptor, let the buyer beware, has long been sensible advice, and is especially meaningful as we are frequently influenced and made victim by persuasion and attractive packaging, often indiscriminate and misleading in its pretensions. In the selection of a mate or companion it is a common practice for a paramour to use as criteria enticing physical features, attractive appearances, sex appeal, the implied ability to provide a 'good time.' More often it is lust that serves as the mortar that attracts the participants who never, or rarely ever, get to know real love. Ephemeral romance — what is in it? More often than not, it is lust, self-gratification, fornication. And, ..fornication...defile a man," (Mat-

thew 15:19,20). Before undertaking a project, or

engaging in any activity, association, or relationship take precaution to find out what is in it. Explore from

every angle, and evaluate every facet. Avoid uncautiously jumping into anything without first finding out -What Is In It?



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ACQUIRED IMMUNE DEFICIENCY SYNDROME

WHEN: WHERE:

JULY 20th, 1987 MEDICAL DAY CARE 266 SOUTH ORANGE AVENUE NEWARK, NEW JERSEY 11:30pm to 12:30am

TIME: 2pm to 3pm 3:30pm to 4:30pm

PRESENTOR: Ms. Joyce Jackson, RN State Department of Health Serving Essex County

All Departments are invited to attend

Life at Roseville

"The Palace"

Following the election of Rev. Levinia Green and Ephametheus Shembley of Roseville as the King and Queen of NCC, someone laughingly referred to the building as "the Palace." Maybe it's only coincidental, but after that a fresh coat of paint was put on the first floor corridor, pictures were promised to beautify the hallway, and a project was undertaken to raise funds for new curtains. There's talk of a public address system and a video tape player being added in the near future. Roseville is on the move.

Could it be that one individual's way of seeing possibilities led to another and another? Or could it be that the King and Queen are beginning to effect some magic and charm? Who knows? One thing is obvious — Roseville has "put on a happy face." President of Tenant Association

In the midst of the good feeling at Roseville came news of the death of Lee Hatten, president of the Tenants' Association. His remarkable fidelity to this leadership position, even though often in great discomfort is an inspiration to all.

As an expression of their gratitude and sympathy for the family, the tenants provided a dinner for them after the funeral. It was evidence of the family spirit and deep faith that is so important to those who live here.

Sister Kathleen Roseville Residents Are NCC King And Queen

King Ephametheus Shambley was born in North Carolina on May 7, 1925. He knows what hard work is, having experience in a saw mill, pickle plant and carpet factory. For health reasons he had to retire early. His retirement includes complete care of his lovely wife Pearl who has been incapacitated since suffering a

While Pearl is at the NCC Day Care, Mr. Shambley extends his services to everyone and is willing to help with anything including putting in light bulbs, taking out garbage and assisting Queen Green with the Food Bank item distribution.

Smiling about his generosity, Mr. Shambley declares, "Maybe someday somebody may have to help me.'

Queen, Rev. Levinia Green began her life in Del Plane, Virginia on December 19, 1918

She became an ordained minister in 1982 of a church in Hackensack, N.J. Shortly after she moved to Newark, coming to Roseville in 1984.

Her activities include membership

NC Douglas Remembers Fathers

After lovely Mother's Day celebrations sometimes Father's Day just passed by unnoticed. That was a concern of the Tenant's Association at NC Douglas Homes.

Rev. Fred Cooper, president, and Hattie Watson, vice-president were assisted by Ruby Marshall, cochairlady in getting together a nice dinner and fine program fitting for the occasion. The two oldest fathers Mr. Everett Campbell, 93, and Mr. Leonard Ball, 90, received a special gift to honor them. Rev. Elijah Williams provided dinner music. Mrs. Eller Super made remarks concerning what a father is supposed to do. She was entertaining and inspirational. Closing remarks for the event were made by Mrs. Ruby Marshall.

in the board of directors of a food distribution group in Paterson, N.J., and formation of a club called "Feed The Hungry," of which she is now president. She and her volunteer assistants, Mr. Ephametheus Shambley and Ms. Rosalee Trogdon bring in and distribute food among the seniors and disabled at NCC Roseville. She also gives out food at her church called "Positive Proof," encouraged by her pastor Evangelist Frank Garris.

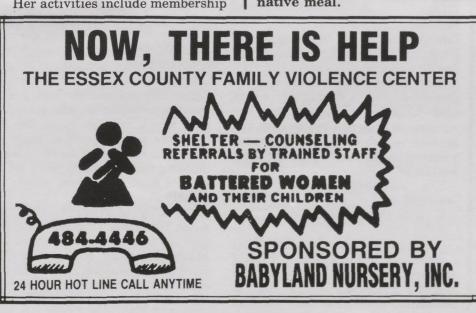
Rev. Green says she "enjoys helping people" and feels that feeding the hungry is her personal way "to bring in the lost sheep to the fold once

She is a graduate of the National Institute of Nursing in Washington, R. Steve Perkins

Priory Celebrates Philippine Independence



of NCC's Philippine Some employees gather to enjoy native meal.





Ruby Marshall presents Mr. Campbell (L) and Mr. Bell with gifts to commemorate the occasion.



The after school and summer program's VISTA Volunteers, staff and assistants are receiving specialized in-service training. Here they are shown utilizing the services of the Learning Resource Center in East Orange.

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—— At Your (Social) Service

by the Staff of NCC Social Services Department

University Hospital - New Community Health Fair

The University of Medicine and Dentistry of New Jersey (UMDNJ) held a health fair with New Community Corporation on Wednesday, June 3, 1987. "Focus on Health," the theme of the fair, was held at the NCC Commons, a senior citizens building at 140 So. Orange Ave., from

10 a.m. to 2:30 p.m.

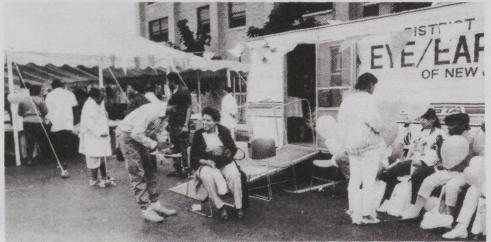
Under the coordination of Doris Ortiz and Jennifer Noel from University Hospitals and Sr. Veronica from NCC, a variety of displays and screenings were presented at the fair, including: alcohol and substance abuse; nutritional counseling; preventive dentistry; cancer awareness; blood pressure screening; pulmonary function screening; Eyemobile (eye screening); Emergency Medical Services; Women Infant and Children (WIC) screening; United States Air Force medical careers; Community Mental Health Center; minority vendors; and social work services.

In addition, entertainment was provided. John Arthur (Kasey) provided music and song. Children followed the juggling clown, like a Pied Piper, around the area.

All entertainers donated their time to the fair; and Roman Distribution Corporation of New Jersey donated 500 ice cream bars.

Senior citizens, members of families and children from the area schools, even as far as Mount Vernon, took advantage of the many health events provided.

The first annual health fair held in the community was such a success that University Hospital and NCC have already begun plans for a bigger and better fair next spring.



Activity and learning opportunities abound during the UMDNJ/NCC health fair.



Youngsters experience an ambulance environment and the feel of an oxygen mask. (above)



The respiratory capacity tester which measures lung capacity attracts many visitors.

Letter To The Editor

We would just love to commend NCC Social Services for all its loving kindness and concerned interest in its babies, young people, and Seniors.

When we read the New Community CLARION, we can read and see so many of the activities that Social Services have provided for this Community and we are so very grateful. We do appreciate and love you for it. It shows your concern in action — how you have gone that extra mile with smiles in keeping one's spirits high — with the outings, the care, the luncheons, the get-togethers. You are so

thoughtful in so many ways. There isn't space to call attention to each separate thing. You can't imagine the happiness and sunshine it brings. We know that you care by sharing and doing as you have expressed this. Our hats off to you and we consider you our greatest pride and joy. May you continue in strength and pride of your services. We do thank you and love you.

Have an enjoyable Summer.

Hattie Williams New Community, Douglass

Senior Calendar Of Events

July 6th Monday

—Trip to Hudson Mall

9 A.M. 50¢

9th Thursday

—Trip on DayLiner leave 7:30 A.M. \$10 child, \$15 senior, \$18 adult 10th Friday

-Union Flea Market 11 A.M. 50¢

11th Saturday

-Secaucus Mall Outlet 10 A.M. 50¢

15th Wednesday
—Div. on Aging Trip to
Great Adventure
\$15.00 incl. lunch

18th Saturday

-Hallock Farm 7 A.M. 50¢

20th Monday

-Essex Green Mall

9 A.M. 50¢

23rd Thursday
—Senior Camp in Pittstown, N.J.

Camp Tecumseh \$105.00, Return July 30th

25th Saturday -Lakewood - Picnicking

9 A.M. 50¢

August 8th Saturday

-Hallock Farm 7 A.M. 50¢

A table laden with healthy packaged treats proved very popular.



Seniors Are Great Recyclers

The seniors of NC (Douglas, Associates, Commons, Manor, Gardens Seniors, and Roseville) have been busily collecting aluminum cans for recycling since the kick-off for Recycling in Newark on February 5, 1987.

Recycling efforts benefit all who are involved...the community as it eliminates can littering and the aluminum does not get wasted; the seniors — who use the payment received to purchase items for their buildings.

The seniors follow these instructions:

1. rinse aluminum can

2. let dry

3. put in container (on each floor) According to Ms. Freda A. Pina of the Newark Office of Recycling, the seniors collected 1,121 lbs. of aluminum cans as of May 21. Can these seniors collect cans...you bet they can!

Ms. Pina, the supervisor of the NCC recycling venture is the Senior Environmental Specialist for the Newark Office of Recycling. She noted that while many times the bags that Alcoa Recycling Company of Edison collects are overflowing, they sometimes contain non-aluminum cans which are not recyclable and therefore no payment is made for them. She has visited the NCC Senior building sites several times to let the seniors know that their efforts are greatly appreciated.

The City of Newark, NCC and Alcoa Recycling Company are glad that the Seniors can save those cans as cans can return good profits. Cans have to be discarded anyway so why don't you join the recycling efforts — we know you can, can't you?

NC Resident Graduates From Law School

Joann Martin of NCC Gardens Seniors graduated cum laude from Boston Union in 1975 and was elected to Phi Beta Kappa, a prestigious honor society for outstanding scholars. She then went to Cornell University earning a masters degree in developmental psychology.

When she entered Rutgers Law School in 1980 she was a recipient of the Black Women Lawyers Scholastic Award and the Philip Levin full — all expenses paid — scholarship.

This June, graduating from Rutgers Law School with a B+ average was our NCC resident, Joann Martin.

We commend Ms. Martin for her distinguished achievement and even more so as the road towards success, for her, was not easy. While in Rutgers she became ill and took a medical leave of absence for 3 years, returning in 1985.

Ms. Martin has taken the Bar Examination and plans on entering the commercial law field in the income tax area and while presently volunteering in a legal internship with Legal Aid, hopes to get a judicial clerkship in the fall. This will be her first full-time paid position as an attorney.

Ms. Martin has written a paper for a law journal on the Constitutional rights of the mentally ill to refuse psychiatric medication. Her main interest in the field of law is advocacy for the rights of the mentally ill and aged, and last summer she worked for the Public Advocacy office. She has also worked with autistic schizophrenic children, as a counselor in the Essex County Youth House and as a senatorial aide for Senator Wynona Lypman.

Ms. Martin is a philosophical young woman who states that many people feel if one is disabled they are not able and *that* she emphatically says is not

so. She feels that our lives are planned out — that God has a purpose for us all. Sometimes we might come to a Fork in the road and take that path which throws us off course. However, we eventually come back to the right path. She developed a deeper sensitivity towards the disabled and less fortunate due to her own illness and feels that her sensitivity, intellect and insight has fostered her dedication to help others to become more



Joann Martin

comfortable with their lives

At the base of Joann Martin's philosophy is faith. She states that faith is the umbilical cord to God and if one loses faith it is the closest thing to death without dying. Faith is the sustaining force and one should always have a reserve of faith upon which one can call. Her advice to the young and old is don't let anyone say that you cannot accomplish something — if you feel you're out of the race, you will be.

Congratulations Joann Martin on your fine accomplishment; your faith has carried you far.

Social Services

Babyland Playfield Renovated



Bob West tests the firmness of the grass's roots at Babyland III's newly renovated playground.

Why is this not being used? That is what some visitors to Babyland III ask when they see the beautiful lush grass in the main play area and no children playing there. Parents however tell them happily that it is because new topsoil and grass have just been put on and now it must be given time to take root for a month. In the meantime the children will be using the upper play yard and also

taking walks through New Community.

The renovation was done by N.C.C. maintenance personnel, and is a wonderful example of the networking that goes on in N.C.C. Mr. Bob West was in charge of the work and Sister Maria says that he comes each evening after the little ones have gone to water it. Let's hope the month flies by quickly!

Kindergartners Graduate At St. Rose



The first 3 of several outstanding St. Rose of Lima Kindergarten graduates step forward to receive special awards from Principal Art Wilson and Sr. Clare.

Babyland Holds Graduation

Babyland recently graduated fifteen kindergartners who will go on to the next step in their learning career.

All took the School Readiness Test provided by the Scholastic Testing Service Inc. One child tested gifted and ready, six tested superior and ready and eight were average and ready.

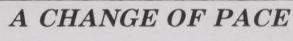
Research demonstrates a lot of dif-

ferences in early learning. For some first grade pupils it is possible learning may progress at a much more rapid rate than it is now.

Sr. Marie Gonzalez, Center Supervisor is pleased that all the graduates have learned to their fullest potential according to their stage of development in Babyland. We wish them a bright future.



A standing room only crowd of proud parents and relatives watch as Babyland III's newest Kindergarten graduates hear Sr. Marie Gonzalez's farewell address.





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Relax in the quaint atmosphere of the *Atrium* in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

FRIDAY NIGHT SPECIAL
From 4:30 P.M. until 11 P.M.
SCRUMPTIOUS BUFFET

Cash Bar

St. Rose Commencement Held

On Sunday, June 7, 1987 at the 10:30 a.m. mass, St. Rose of Lima School held its 95th commencement exercises. Some eighteen graduates were conferred their diplomas by Rev. Monsignor William J. Linder, Pastor of St. Rose of Lima Parish. Miss Kathleen Francis was the guest speaker at this impressive ceremony. (see Clarion, May, 1987).

Daphne Anderson delivered the Valedictorian address in which she reminded her fellow graduates of the values instilled in them at St. Rose's and challenged them to serve faithfully by "avoiding obstacles...that destroy young people today. We should always evaluate every situation thoroughly for...we will make a difference in the world of the future. I believe our future is a bright one filled with our hopes and our dreams."

John Agbaosi received the salutatorian award for placing second in the class.

First honors went to Kimberly Council, Andre McBride, Michelle Thesday, and Christian Willis. Both Allan Edmond and Kimberely Thornes received the School Service award.

Saint Rose Of Lima 1887-1987

1987-1988 will be a memorable and joy filled year in the parish of St. Rose of Lima. A centennial celebration, for most of us, is a once-in-a-lifetime experience. To remember all that has been done and project all that can be done is both rewarding and challenging.

To celebrate a centennial is a thing of wonder, since the test of time has been met and the works of one generation have rolled over again and again into the lives of a new generation who inherit the dream. To celebrate the centennial of Saint Rose of Lima Parish is a story of love found in lives dedicated, promises fulfilled, and a mission accomplished. It is the story of parishioners, past, present, and future.

Although there are many changes in the Roseville section of Newark, our beautiful Church stands majestic in its Gothic structure. The parish of Saint Rose has always helped to make history in the community and continues to do so.

You will be pleased if you visit us ing our various celebrations and will be most welcomed any time. So to all who are proud to say, "I am from Saint Rose of Lima Parish ---," Why not come home?

As our plans for the various events unfold, we will make them known to all those interested. Your friends at Saint Rose of Lima are inviting you to become an active part in this joyous event, by sending your own names and addresses, and by alerting other alumni or parishioners of the event.





Andre McBride

Saint Rose Of Lima - Time Capsule

1. The first altar used in the newly found church was on loan from____

2. The site of the new church "Orange and Humboldt" was purchased from

3. To obtain the entire frontage on Orange Street, between Gray and Humboldt the second site was purchased from

4. The first two trustees of the church were

5. The first Baptism in the new church was ______.

6. The first Marriage was

7. The site for Saint Rose of Lima School was purchased for _____

8. The first principal of the school was

9. The present principal of the school

10. The present school as it stands today became a reality in _____

Answers to Time Capsule

4. John F. Conroy and Leonard S. Parker 5. January 8, 1889 - Thomas McGrath 6. June 16, 1889, Patrick Tobin and 7. \$55,000 on October 14, 1891 8. Sister Gertrude James, S.C. 9. Arthur L. Wilson 10. 1906

2. William Petty 3. William Dykes A. John F. Conroy and Leonard S.

 Reverend Patrick Leonard from Saint Michael's, Newark.

NAME	
ADDRESS	
Return to: Sister Dolores Russo, SCH Saint Rose of Lima	
11 Gray Street Newark, New Jersey 07107	

Evaluation Workshop At St. Rose Reviews Educational Services

For one of the end of the school year evaluation workshops, the faculty at St. Rose of Lima School met with Dr. Jacqueline A. Young, Supervisor of Instruction at the Essex County Educational Service Commission. Dr. Young spoke to the faculty in an informal session in which she explained the services offered by the Commission, and emphasized how as classroom instructors, "teachers are among the first individuals who recognize learning disabilities in children."

"Some may regard the services of the Commission as 'Band Aid Programs,' "she analogized. "But when you consider the range and scope of all that we offered under Chapters 192 and 193 Laws of 1977, it is most extensive. In many cases, we provide the remediation in basic skills to most non-public schools in the greater Newark Area and we provide these services on school time."

Dr. Young is responsible for implementing services to non-public schools: hiring, training and supervision of teachers; curriculum development; and securing and distribution of instructional materials. "In our programs, we go out of our way to work closely with each classroom teacher whose students come to us." In addition, Dr. Young serves as a liaison with child study team agencies providing service to non-public schools.

Tenured staff persons at Babyland may remember Jacqueline Young several years ago when as an undergraduate studying for a B.A. degree from Douglass College, her young daughter. Nadira attended Babyland.

This year, Dr. Young received her Ed. D. from Rutgers University Graduate School of Education in New Brunswick.

While teaching in both the Newark and East Orange Public Schools, she became a Title I Project Teacher and a Reading Resource Teacher. In 1980, with her masters in Urban Education, she accepted the position as Basic Skills Consultant for the Department of Education for the State of New Jersey. When she joined the Essex County Educational Commission in 1981 as its School Program Coordinator II, Dr. Young was not only responsible for monitoring schools within the county to ensure compliance with standards established by the law, but was also responsible for providing technical assistance to local school district administrators regarding state and federal guidelines, etc.

During the informative session with the teachers, Dr. Young outlined the various services of her agency.

The Commission provides: Compensatory Education — a preventive and remedial program in basic communication and computation skills; English as a Second Language — a supportive service for acquiring communication proficiency in the English Language for children of limited English-speaking ability; Supplementary Instruction — instruction that is



Jacqueline A. Young, Ed. D. provided for students who have been classified as handicapped; Home Instruction — a service provided to pupils who receive instruction at home or in a hospital because of illness or injury; Examination and Classification of Potentially Handicapped — this service is conducted by a professional child study team; and Corrective Speech Services which provide articulation therapy for students who exhibit defective and incorrect sounds of substitutions, omissions, additions and distortions of speech sounds.

Unlike the Chapter I program, services provided under Chapter 192-193 are not limited to just Newark residents. Because of this feature, Mr. Arthur L. Wilson, Principal of St. Rose of Lima School, attempts to involve as many non-Newark residents as possible, if such students qualify.

Dr. Young admits that the success the Commission has experienced in recent years is due, in a large part, to the good relationships it has established with individual schools and their local public boards of education.

A mobile unit, which replaced a trailer, is driven to the school to provide instruction daily. The trailer used earlier was located in the school playground but suffered severe vandalism at times and had to be removed — thus the switch to a mobile unit.

At present, Mrs. Patrice Baker is the compensatory education teacher. Before joining our staff two years ago, Mr. Daniel Fabrizio was the instructor for the program at St. Rose's.

Arthur L. Wilson

Shelter Needs: Fans, Vacuums, Irons

Last month's respone to the need for clothes at the Family Violence Shelter was overwhelmingly generous. We can't thank you all enough and we can now fill that need for those who arrive daily.

A pressing need still in this hot, humid weather is **fans** to cool tense, tired women and children and enable them to get a good night's sleep.

Vacuum Cleaners for the shelter (which is rather large) and Irons are

also badly needed — for the ladies will be going to job interviews.

We ask that anything donated to the shelter be in working condition so that it may be immediately put into service.

Please call the hotline -484-4446 for more information.

Thanks again for your marvelous response!

Sr. Clare Elton